

Counselor Expectations at the Pool:

Before Swimming

- **ARRIVE ON TIME**
- Help the campers find a hook for their bags
- Make sure the campers put their socks in their shoes and their shoes under their bag
- **COUNSELORS GET CHANGED AND GO TO THE POOLS**
 - You **MUST** wear a bathing suit each swimming period every day
 - Do not linger in the locker room
- **Senior Counselors are the last one of the group out of the locker room**

During Swimming

- Go out to the pool deck and **SPREAD OUT** along the sides of the pool, **not leaning on the fence**
- **DO NOT BRING PHONES ON THE POOL DECK**
 - If you have your phone on the pool deck it will be taken and you can get it in the office at the end of the day
- During free swim **watch the pool**
- When free swim is over, make sure the campers get out safely
- During lessons you may go in the pool
 - If a swim teacher asks you to get in, then you must get in
- If you are in the pool during lessons, make sure you are helping campers, not interfering with the class

After Swimming

- **ONE** junior counselor **MUST** get changed and be out at the benches before his/her campers
 - The counselors **NEED** to help the campers get their socks, shoes, and sun tan lotion (if they have it) on
- The other counselors should help and **TEACH** the campers how to get changed
 - **Campers put on their socks and shoes at the benches outside of the shower house**
- As more campers get changed, another **junior** counselor should get changed and go outside
- The **senior counselor MUST** be the last person from the group in the locker room
 - He/she needs to check and see if there is any lost and found

While Talking with Counselors at Orientation

Our primary goal is to stay consistent with the camp's philosophy of providing a safe, fun, and instructional environment.

Our secondary objective is to advance the development of each camper's aquatic skills, regardless how basic these skills may appear, positive reinforcement is needed.

Quick Do's for the pool.

- Come on deck with a positive attitude, until it's a rainy day we're in the pool
- Wear the proper attire; suits, sun glasses, etc.
- Participate on the campers level; reflect on your experiences on swimming.
- Talk with campers; encourage safe play, while enforcing the rules.
- Help change your campers, and remind them to bring out their goggles.
- Offer to help, swimming is a large portion of the campers day; find the best way to be useful on deck.
- Take your time helping campers, try to reinforce the focus on the lap. If campers are proficiently completing their laps then offer positive encouragement.
 - When helping campers, help them just enough to succeed
 - Guide them under the armpits, do not hold them by the waist
 - If you want them to do something, show them...don't just tell them

Quick Don'ts for the pool

- Don't let your conversation distract guarding the pool. While you may not be a lifeguard you're still expected to be a extra pair of eyes on the pool.
- Do not fool around on the pool deck or have poor behavior with the campers or fellow counselors.
- Don't lean on the fence, you will look removed from the group, and if you are not involved, the campers who look up to you will be less likely to participate
- Don't distract the instructor or the children. If your guarding on the side, it is not a social hour, your objective is to help the children learn, not detract from the lesson.